

Triple AC

Capacity-Building Workshop

Example Programme (Online)

Session 1

10.00 – 10.15	Welcome and Introduction, Presentation of Facilitators
10.15 – 10.30	Round table: short presentation of participants
10.30 – 11.00	Active City: What in a Word? & The Significance of the City Setting to Promote Sport for All and physical activity (including discussion)
11.00 – 11.30	Case Study: Liverpool Active City
11.30 – 12.00	Questions & Answers

Session 2

14.00 – 14.30	Interactive Session: Participants reflect on their own organisation's/country's/city's challenges, gaps and opportunities to promote physical activity in the city setting
14.30 – 15.00	Active City: How To? Towards Establishing a City-wide Active City Strategy
15.00 – 15.30	Evidence-based Practice in Active Cities
15.30 – 16.30	Interactive Session: Participants initiate reflections on the way forward and what "Active City" means to them.