



2022 – 2025 TAFISA Board of Directors Election



Candidate Nomination for Representative of International Members

Please return this form by **Thursday, 10th March, 2022** to:

TAFISA Office
Hostatostraße 2, 65929 Frankfurt am Main, Germany
Fax: +49 (0) 69 393 59925, Email: info@tafisa.org

Office Use Only

Date Received:

.....

Valid Application

Invalid Application

Signed:

.....

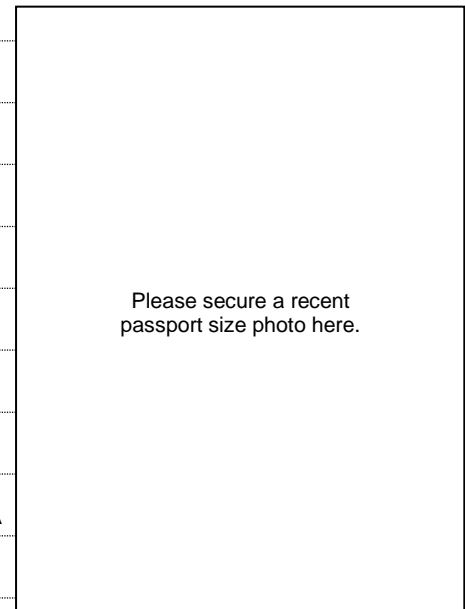
1 – Name of Candidate

Candidate's name: Gretchen Kittelberger

2 – Personal Details of the Candidate

Photo

| | |
|-----------------------------------|---|
| Title (e.g. Mr, Ms, Dr, Prof): | <u>Ms.</u> |
| First Name: | <u>Gretchen</u> |
| Surname: | <u>Kittelberger</u> |
| Date of Birth: | <u>September 26, 1985</u> |
| Country: | <u>United States of America</u> |
| Email: | <u>gretchen@functionalfitnessfederation.org</u> |
| Phone: | <u>+1-585-749-1495</u> |
| Mobile: | <u>+1-585-749-1495</u> |
| Postal Address: | <u>100 Kale Ave. Sterling, VA 20164, USA</u> |
| Main Occupation: | <u>Attorney</u> |



3 – Role Within Nominating Organisation

Name of Nominating Organisation
(TAFISA Member): International Functional Fitness Federation

Position within organisation: President

Number of years in that position: 5 years



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Special contributions to Sport for All in this role: Led the International Functional Fitness Federation (iF3) to develop and run events for Masters athletes (ages 30-65+) which promote fitness across the lifespan and events for Youth athletes ages 13-18 to encourage safe movement patterns and an interest in fitness

4 – Other Positions, Contributions and Achievements in the Field of Sport for All and Physical Activity (Optional)

Please describe any of your further contributions and achievements in the Field of Sport for All and Physical Activity (this may include current and past positions or roles within other organisations, publications...)

- CrossFit Coach since 2010; working with athletes in both individual and group settings to reach their health and physical fitness goals

5 – Command of English (working language of TAFISA)

Please check as applies

- Fluent English speaker
- Limited English speaker
- I confirm that I have the intention to improve my English within a year, if elected
- I confirm that I have staff at disposal to support me carry out my TAFISA Board duties in English

Other fluently spoken languages:

6 – Attendance at Board Meetings and General Assemblies

Please confirm by checking the boxes

- I confirm my willingness to attend TAFISA Board of Directors Meetings (2 – 3 times per year) and TAFISA General Assemblies (once every two years)
- I confirm that costs associated with travel to Board Meetings and General Assemblies will be borne by the Board Member themselves or their organisation, unless otherwise stipulated by the TAFISA Board of Directors

7 – Dedication to TAFISA

Please confirm by checking the box

- I confirm that, if elected, I will be expected to actively support and contribute to TAFISA and its initiatives, including:
 - Promoting TAFISA and its initiatives locally and internationally,
 - Encouraging membership,
 - Supporting coordination of (local) events and programs, e.g. World Challenge Day, World Walking Day, World/Regional Sport for Games, World Congress, Certified Leadership Courses, etc,
 - Contributing to TAFISA publications, including newsletters, and the website,
 - Identifying and fostering relationships with potential sponsors and partners, and
 - Supporting other countries.

8 – Benefit to TAFISA

Please describe, in a few words, how you intend to support TAFISA's growth and development if elected, as well as any special benefits that you may bring to TAFISA:

Throughout my years involved in functional fitness, I have learned not only the importance of physical activity for everyone regardless of age, gender, socioeconomic status, or physical ability, but I have had first hand experience in creating unique environments for people from all walks of life which allow each person to enjoy sport and fitness in their own way and want to come back through the door day after day. If elected, I will bring this experience to TAFISA to help the organize come up with new strategies on how to introduce more people to new sports and fitness activities and keep them engaged for life.



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9 – Attachments

Please check as applies

- Official letter of support from nominating member of TAFISA (**Compulsory**)
- Other: _____
- Other: _____

10 – Any Other Comments

Please confirm by checking the box

- I hereby accept and agree that the personal information as disclosed in this form can be made public to the TAFISA Membership and available to view online via the TAFISA website.

Signature of the candidate:

Gretchen Kittelberger _____

Date: November 11, 2021